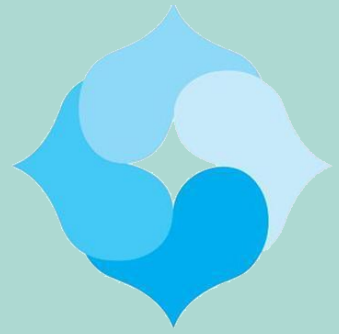


SHEENA'S PLACE ANNUAL REPORT 2020



SHEENA'S PLACE



OUR MISSION

We support individuals, families and friends affected by eating disorders to overcome barriers and provide effective, community-based services at all stages of recovery.

What Do We Do?

- At Sheena's Place, we are committed to inspiring hope, reducing stigma, raising awareness and offering meaningful support and information at all stages of recovery to anyone 17+ affected by an eating disorder, as well as their families and friends.
 - We offer a wide range of professionally facilitated support groups and services, completely free of charge.
 - We provide support that does NOT require a diagnosis or referral, and is available almost immediately.
 - We ensure that our groups are informed by research and best practices in the eating disorders field.
 - We aim to reach underserved and underrepresented populations across Ontario by providing demographic-specific programming.

Why Is This Important?

- An estimated 2.7 million people in Canada have an eating disorder.
- Eating disorders affect at least 9% of the population worldwide.
- Eating disorders are among the deadliest mental illnesses, second only to opioid overdose.
- Approximately 26% of people with eating disorders attempt suicide.
- In Canada, 70% of doctors receive 5 hours or less of eating disorder-specific training while in medical school.



Eating disorders do not discriminate; they affect people of all demographics.

- People who identify as 2SLGBTQ+ and those who experience food insecurity are at a heightened risk of developing an eating disorder.
- BIPOC folks are less likely than white folks to be diagnosed with an eating disorder and to access treatment, despite similar prevalence rates.

LETTER FROM THE EXECUTIVE DIRECTOR

On March 16, 2020, life as we knew it came to an abrupt halt, as public officials confirmed the risks and dangers associated with the COVID-19 coronavirus. Many places of business in Ontario were ordered to shut their doors, and people were asked to stay in their homes.

The subsequent year was filled with formal reports from across the globe, along with an endless stream of personal stories of how the pandemic drove alarming increases in mental health symptoms in general and eating disorders in particular. The unavoidable consequences of broad lockdowns, such as isolation, food insecurity, financial insecurity, and the real threat to one's health inevitably affected individuals' mental health, and for many, challenges related to their eating.

At Sheena's Place, this meant closing our doors briefly at the end of March. The team worked diligently and quickly to reimagine services and supports through an online platform. In April, we piloted our first batch of online groups, and by fall we were once again offering a full complement of programs. Managing all services virtually, came with additional costs, such as requiring two facilitators for every group. We were unable to navigate fundraising in ways we were used to, and across the sector, philanthropy was negatively impacted. Through all of this, our community demonstrated incredible resiliency. The program team delivered high quality services, participants engaged with enthusiasm and compassion for each other, and the generosity of our donors allowed us to continue our work.

At the very end of the year, we received a significant boost to our endowment fund, from a magnanimous, but anonymous donor, one that will ensure the sustainability of Sheena's Place long into our future.

While coping with a pandemic remains an on-going concern, Sheena's Place looks forward to 2021, with reason to celebrate, as the year marks the agency's 25th anniversary. For a quarter of a century, the house at 87 Spadina Rd has been a safe space to find support for many who couldn't find the help they sought anywhere else. Eating disorders continue to pose a serious threat to the well-being of many of those around us.

There is clearly much work that lies ahead.

I joined this team early last year, and have been humbled by the commitment, dedication and resiliency of the entire Sheena's Place community. I hope you consider joining us, as a participant, volunteer, or as a donor.



John Choi

EXECUTIVE DIRECTOR

PARTICIPANT STORY

COLLEEN CORRIGAN

“I had to get lost along the way to try to put the building blocks back together.”

Colleen’s earliest recollections of eating-related challenges date back to when she was about 11 years old as a competitive dancer. She remembers being bullied about her lunches and found ways to not go out for recess or lunch to avoid having to deal with food. After changing schools, and stopping dance, things improved. However, when she got to university, the challenges re-emerged. Attending York University, in the Bachelor of Fine Arts program, Colleen struggled to manage everything that often accompanies significant life transitions.



She went from a small town to a large city, and **“fell deep into her eating disorder.”** She experienced multiple disappointments, creating a gap between her reality and her expectations. She was lonely, often experienced feeling unsafe, and her relationship with her partner was fraught.

“York is a huge school and trying to get any mental health support is difficult when there are so many students and a lack of resources.”

Colleen did make her way to the counselling centre, where an intake counsellor told her about Sheena’s Place. At first, she signed up for some groups but did not attend. She also tried counselling at her university, but felt that the clinician was not equipped to address an eating disorder. A moment that she believes was a breaking point was during a visit home over the Christmas holiday, where Colleen says she had a breakdown in the changing room of an H&M.

PARTICIPANT STORY

COLLEEN CORRIGAN

Over a year after first registering for a group, she finally made her way in to Sheena's Place. "Walking through the doors was completely nerve-wracking. I almost turned around." When she entered she found, **"The atmosphere was calm and welcoming. The group started and there was no pressure to participate right away."** Colleen appreciated the opportunity to take that first step of just "being there." Then she immediately felt the benefit of hearing others share their perspectives. She was no longer alone in her experience.

Since the onset of the pandemic, Colleen has attended a Sheena's Place group online. Before attending, she wondered if the group would feel as safe as it did in person. She was relieved to find,

"Even online you are able to have that connection and that chunk of time that is a complete safe space to get support and hear stories and share. This pandemic is very difficult for so many and it's made a lot of people's mental health drop. Being able to access these groups and resources has given people a glimmer of hope."

Colleen has participated in an Adult Support group and a Meal Preparation group. She speaks glowingly about the facilitators.

"Sari and Corinne are amazing. All of the facilitators are very respectful. [The] best thing about Sheena's is, the door is always open... there's no judgement. The road to recovery is not linear, it ebbs and flows and takes time. Sheena's Place is one of the safest places to be in terms of being able to speak about your experience in a safe way and not feeling triggered leaving. It feels like a second home."

WHAT HAPPENED IN 2020?

Program updates!

Sheena's Place fills gaps in eating disorders care by providing free professionally facilitated group support, for people affected by eating disorders at any stage of recovery, without requiring a referral or diagnosis. Our plan to introduce online programming was expedited by the pandemic. Last spring we successfully piloted virtual groups for the first time. By our fall season, we offered a full slate of programming online and received very positive reviews from participants.

New Groups in 2020

BIPOC Support Group - This group is designed to hold space for discussion about how racism and shadeism impact our relationships with our bodies. We aim to foster a supportive environment where people can feel safe navigating the intersection between identity and their eating disorder experience.

Body Buddies Movement Group: Building A Body-Liberation-Centred Movement Practice – Movement does a body good. Unfortunately, it's often difficult to engage in a movement practice without encountering fatphobia, sizeism or weight stigma, given that many movement environments centre weight change as the primary desired outcome of exercise. In this group we explore an alternative, body-liberation-centred approach to movement which prioritizes joy, functionality and empowerment in order to support well being.

Navigating Recovery: Creating A Path That Works For You - Each week, this group explores a variety of strategies to support recovery and consolidate the changes that group members have made. The intention of the group is to draw on the wisdom of lived experience along with facilitator provided skill-building offerings. We work together to explore a variety of coping strategies and stress reduction techniques while encouraging Peer Support and acknowledgment for all the work that group members have done to make desired changes.

PROGRAM UPDATE



VIRTUAL GROUPS

COVID-19

Timeline

March 2020: Research & development of online service model

April 2020: Online group pilot (5 weekly groups)

May 2020: Online group pilot extension (11 weekly groups)

Summer 2020 (Jun-Aug): First full online season (17 weekly groups)

Fall 2020 (Sep-Nov): Hybrid season (19 online & 2 in-person weekly groups)

In June 2020, we surveyed group members about accessing in-person and online groups.

While 23% faced barriers to online groups, 44% of respondents said they faced barriers to attending in-person groups.

Most common barriers named:

- Access to transportation
- Transit use during COVID
- Health-related fears due to COVID-19
- Timing of in-person groups
- Mobility & stairs at Sheena's Place
- Mental health concerns (including depression & anxiety)

Although COVID-19 has posed numerous challenges for our community members, moving online has reduced barriers to access for many people.

"I personally struggle with anxiety, social anxiety, and agoraphobia. That being said, online groups have been more helpful than I can put into words.

The freedom to speak to someone and find support from the comfort and safety of my room has made me feel like less of a burden on society."

– Online group member

FACILITATOR STORY

ARY MAHARAJ

“Eating disorder support” and “systemic racial inequity” are phrases that are not often used in the same sentence.

However, the two are inextricably connected. This is where Ary Maharaj has focused his work over the past year.

In 2018, Ary was contacted by Kelsey Johnston, program manager at Sheena’s Place. Based on community feedback, Kelsey had concluded there was a real need for BIPOC specific programming and wondered if Ary would be interested in facilitating a group for this population.

They started small with a one-time workshop in the summer of 2019 that explored how shadeism and racism relate to body image. The feedback was overwhelmingly positive, with attendees reporting that it was therapeutic and engaging.

Many stated that it would be a fantastic space for BIPOC folks to give and receive support on an ongoing basis.



FACILITATOR STORY

ARY MAHARAJ

Ary believes that mental health has not historically been very welcoming to the BIPOC community. He says that while there are some great grassroots organizations and support for BIPOC mental health such as [Healing in Colour](#).

“we live in a state that was built on colonialism and by virtue of that our means of healing as a society were made to be white and the community is beginning to understand that it isn’t fair.”

Ary believes that “everyone deserves access to support” and he is heartened by the efforts of folks of colour who are advocating. “It means that we are all going to be better for it. Supports that work for them will also work for others and institutions have to reflect to be able to do something about the inequities within.”

Because of the lack of BIPOC specific services and the rising instances of violence fueled by racism and racial injustice during the COVID-19 pandemic, such groups are needed now more than ever. But Ary says that none of this is new:

“I want to honour all the facilitators and participants of the past who didn’t have the chance to participate in these groups for various types of reasons. It takes more than one idea or one person to advance these causes.”

With a successful workshop under his belt, Ary’s confidence in facilitating these groups had grown, and he set out to create the BIPOC Support Group at Sheena’s Place. He paired up with Alexandra Hanania, another facilitator at Sheena’s Place, to achieve this.

“Given the group’s relative newness, I appreciated the facilitators’ willingness to adapt, offer insight (where appropriate), and implement our feedback into the program (e.g., creating a “comfort agreement,” running an art therapy session, following up on topics that were mentioned in previous sessions).”

Group Participant

FACILITATOR STORY

ALEXANDRA HANANIA

Alex was first introduced to Sheena's Place while completing a practicum, as an art therapy student at the Toronto Art Therapy Institute. Two years after her practicum ended, she was recommended for a facilitator role by Debbie Anderson, who had been running expressive groups at the house for many years. Since 2018, Alex has been facilitating expressive arts groups that feature textile arts and mindfulness.

Alex believes that art therapy is a flexible medium that can be used when people don't have the language skills and tools to explain how they feel about what is going on in their bodies. She says that it can be incredible when talking about trauma and that it **“has an ability to project how we're feeling and externalize it.”** She firmly believes that art doesn't have to look like anything and that the purpose is expression.



FACILITATOR STORY

ALEXANDRA
HANANIA

When working in these spaces, however, Alex sees few BIPOC folks and because of this, there isn't room to talk about issues of race that might come up in their art.

For example, Alex has rarely seen hijabi women in spaces that provide support, leading her and folks who look like her to "sometimes feel erased." She has also noticed stigma and lack of acknowledgement of mental health issues within the Arab community.

Curious about how the art therapy model compared to a traditional support group setting, Alex began facilitating the BIPOC Support group with Ary.

She recognizes the need for more BIPOC groups in general but believes that in order to provide more safe spaces for folks of colour, skill-based and art-based groups would be really beneficial.

"There really aren't enough spaces for them and they don't feel comfortable in many other spaces. Many try other groups and end up dropping out."

A four-part "BIPOC Art Therapy Mini-Series" will pilot in the spring of 2021.

BIPOC SUPPORT

“We hope the participants leave [group] feeling like they have a sense of community, and on some level, a decrease in the feeling of social isolation.”

When Alex and Ary were introduced, their intention was to create a BIPOC support group that met needs as diverse as the group itself.

“Every group is going to be different and we need to be equipped so that the folks who enter these spaces know that they can be vulnerable and trust the facilitators to catch them.”

Over the first couple of weeks, participants discussed what would make them feel safest in group: naming gender identities, comfort levels around calling the police when in distress, and the need to potentially stay late after groups to debrief if triggering topics arose.

According to Ary, participants have shared that they appreciate how mindful the facilitators are of power dynamics. In group sessions, Alex and Ary hold space for sensitive topics that come up. Group members are careful about what they share in group and if harmful or triggering subjects do come up, Alex and Ary support participants in working things out collaboratively.

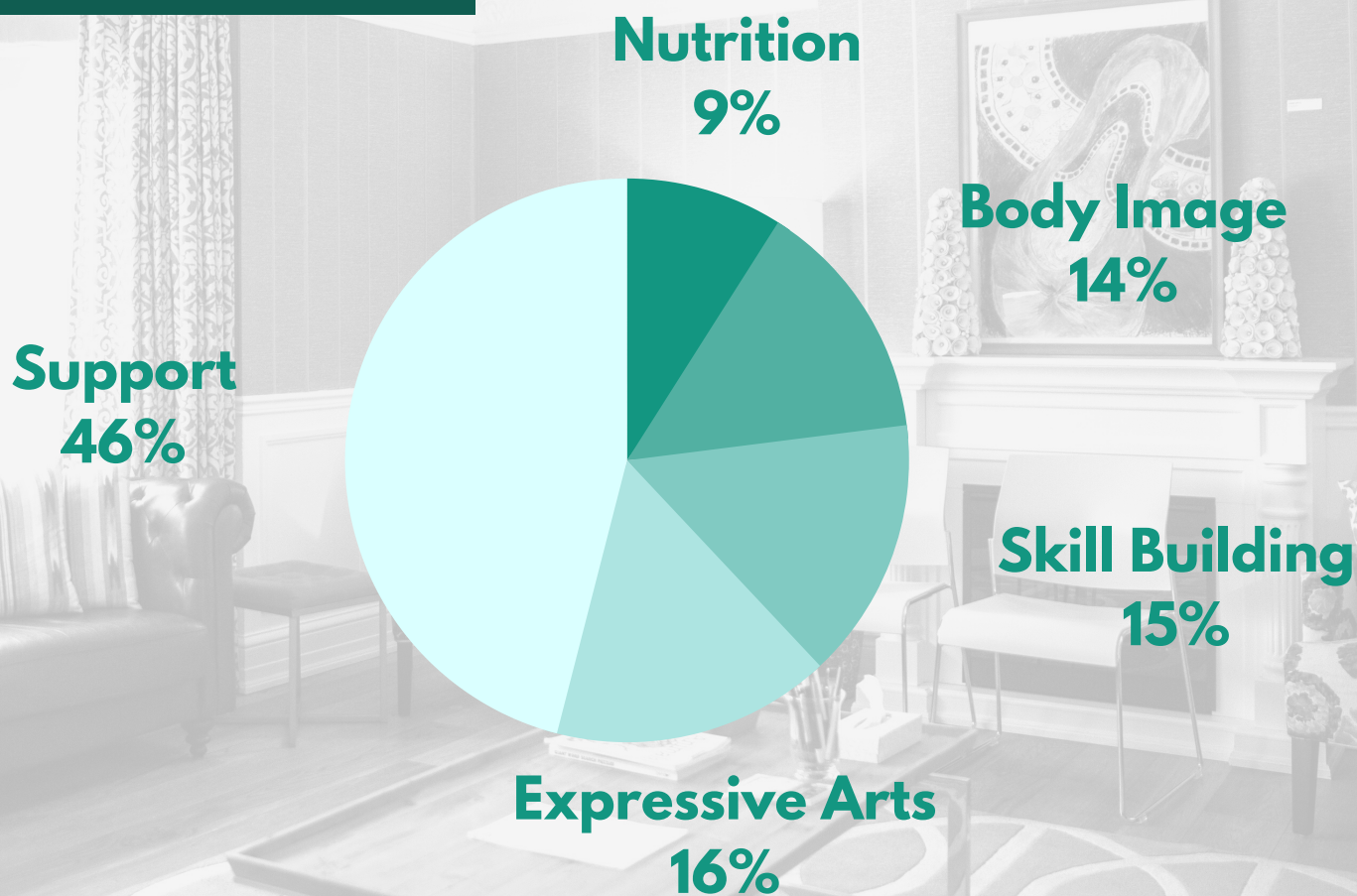
Safety is not necessarily a binary concept. Ary and Alexandra make room for discussion, negotiation, and growth alongside participants. When reflecting on the first year of the BIPOC Support Group, Ary and Alex shared that group members learn a lot from each other in conversation and that they have both learned so much from group members. Participants have the ability to share resources, support each other and also safely give advice when it is needed in a group setting.

OUR REACH

TOTAL GROUP PARTICIPANTS: 879

HOURS OF THERAPEUTIC SERVICE: 1214

Types of groups offered



What did our participants say?

"Thank you a million times. The support I received through this group has saved my life. I will forever be grateful for Sheena's Place and I will continue to use this resource to aid my recovery journey and recommend to others I know who are struggling."



96% OF SKILLS GROUP RESPONDENTS REPORTED DEVELOPING NEW INSIGHTS OR KNOWLEDGE AS A RESULT OF GROUP PARTICIPATION

"Sheena's Place is I'm where most 'at home.' Safe, no judgement to process thoughts and feelings around ED and the impact on my life. At this time being able to come to Sheena's Place is a beacon of hope for me that I am not able to find in the rest of my life. Thank you so much for caring."



97% OF RESPONDENTS FOUND THEIR GROUP OR WORKSHOP TO BE HELPFUL AND WOULD RECOMMEND THEIR GROUP OR WORKSHOP TO OTHERS

"Thank you for offering these types of groups in such a difficult time. Things are tough interpersonally, personally and financially, and being able to access supports like this makes a world of difference."



• 99.5% OF RESPONDENTS REPORTED THAT GROUP FACILITATORS CREATED A SAFE AND RESPECTFUL ENVIRONMENT

"Deep appreciation for Sheena's Place and the wonderful life balancing groups. What I appreciate words fail to express. Thank you."



95% OF RESPONDENTS WITH LIVED EXPERIENCE FELT THAT PARTICIPATION WAS SUPPORTIVE OF THEIR RECOVERY JOURNEY

"I love this group because it helps me feel connected with others which has always been challenging for me due to my personal family history, and it has helped me to appreciate myself, my experience, and my body in a way that has been helpful for both my BED recovery and trauma recovery. I probably wouldn't have tried it if it wasn't framed in the context of art."



93% OF SUPPORT GROUP RESPONDENTS FELT CONNECTED TO AND SUPPORTED BY OTHERS

"Sheena's Place has been a resource I have been able to safely return to over the years when life stressors cause an increase in disordered eating and thinking. Sheena's facilitators and group members are kind, compassionate, and reduce my loneliness. This community helped me as I named my Eating Disorder many years ago. I am thankful to still have this fabulous resource and connection to others."

WHAT'S NEXT



FUTURE DIRECTIONS

2021 marks a special year at Sheena's Place as we celebrate our 25th anniversary! We're excited to announce plans to increase our programming, and continue our long-held tradition of offering new and innovative services.

- **Program expansion – 2021 will see a 50% increase from 2020 in the number of weekly groups we're offering, aiming to surpass 100 weekly groups offered throughout the year.**
- **New groups will include:**
 - **Disabled & Chronically Ill Support Group**
 - **Robust Relationships – Building a Body Liberation-Centred Approach to Being Humans Together**
 - **Exercise?! A Space to Unpack Challenging Relationships with Movement**
 - **BIPOC Art Therapy Mini-Series**
 - **Nutrition Education with Binge Eating Disorder**
 - **Radically-Open Dialectical Behaviour Therapy (RO-DBT) skills**
 - **Improv Comedy for the Healing Process**
- **Combination of in-person & online groups – we will continue to support people across Ontario, and those with differing accessibility needs, through the provision of online groups.**

"I have been finding the current situation really hard to cope with, so being in a group with other people who have some shared experiences has been really helpful to be able to have some connection and seeing that I'm not alone in how the pandemic is affecting me."

– Online group member

New in 2021: Group Feature

We are constantly updating our program offerings to reflect new innovations in the field, and to respond to emerging needs in our community. We consistently seek feedback from our community in an effort to provide programs that centre the community's current and emerging needs. Several groups moved from planning in 2019 to going live in 2020.

Disabled and Chronically Ill Support Group - This group is designed to provide a safe space for those in the disability community to explore their unique experiences of body image and disordered eating in an ableist society that is often preoccupied with a narrow definition of "health." This group prioritizes space for persons who identify as disabled (includes visible/invisible permanent/episodic disabilities) and it is run by facilitators who identify as disabled. This group ascribes to the social model of disability, and thus uses identity-first language. We also acknowledge that language is fluid and personal, and everyone has the right to determine their preferred way of identifying.

"As a disabled therapist and researcher, I have witnessed the lack of awareness, understanding and basic accommodation around the intersection between disability and eating disorders in treatment programs and other eating disorder spaces. The Disabled and Chronically Ill Support Group at Sheena's Place provides an accessible, disability-affirming, safe space for folks with disabilities to feel less alone and to explore difficult topics such as medical trauma and feeling misunderstood in traditional eating disorder spaces. This is the first space of its kind offered and participants repeatedly share their relief in finding it because they no longer have to censor their experiences for audiences that just don't get it."

– Kaley Roosen, Ph.D. C.Psych., creator and co-facilitator of the Disabled and Chronically Ill Support Group



OUTREACH & EDUCATION

Sheena's Place is committed to increasing awareness and reducing the stigma associated with eating disorders. In addition to providing clinical support to our group participants, we provide community education and outreach through presentations, workshops, and training opportunities.

NUMBER OF
OUTREACH
INITIATIVES:

53

NUMBER OF
OUTREACH
ATTENDEES
(LIVE)

1412

NUMBER OF
RECORDING VIEWS
(VIDEOS, AUDIO
INTERVIEWS)

142,286

Community Engagement

In 2020, Sheena's Place collaborated with many organizations to deliver outreach and education opportunities. Organizations include:

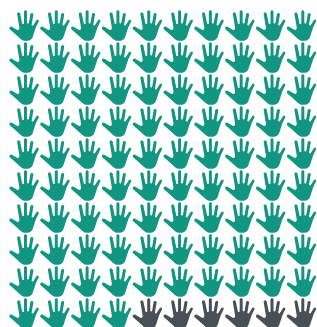


Eating disorder organizations include:

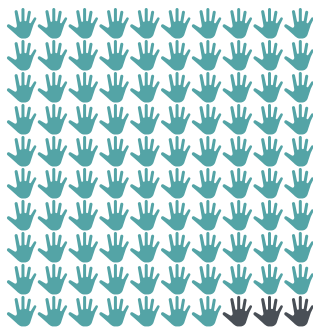
- Body Brave
- Canopy Eating Disorders Support Services
- Eating Disorders Association of Canada
- Eating Disorders Nova Scotia
- Eating Disorder Support Network of Alberta
- National Eating Disorder Information Centre
- National Initiative for Eating Disorders
- WaterStone Foundation

OUTREACH & EDUCATION

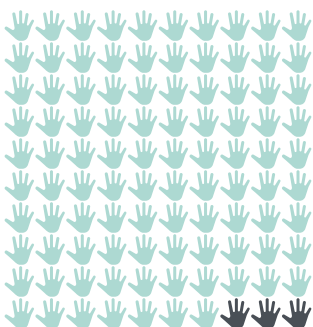
**94% OF OUTREACH
ATTENDEES FOUND
PRESENTATION HELPFUL**



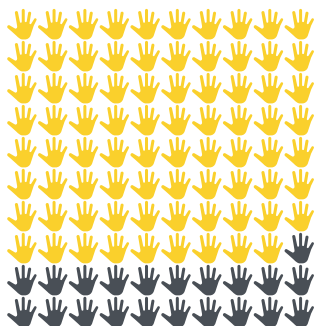
**97% OF OUTREACH
ATTENDEES AGREED THAT
THE FACILITATOR(S) HAD
SUFFICIENT KNOWLEDGE
AND EXPERTISE TO RUN
THE PRESENTATION**



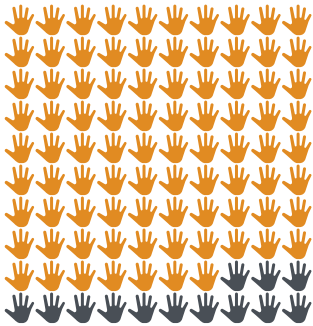
**97% OF OUTREACH
ATTENDEES AGREED THAT
THE FACILITATOR(S)
CREATED A SAFE AND
RESPECTFUL
ENVIRONMENT**



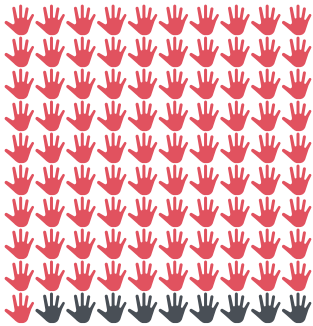
**79% OF OUTREACH
ATTENDEES AGREED THAT
THE PRESENTATION
HELPED THEM FEEL BETTER
EQUIPPED TO IDENTIFY
DISORDERED EATING**



**87% OF OUTREACH
ATTENDEES AGREED THAT
THE PRESENTATION
HELPED THEM FEEL BETTER
EQUIPPED TO SUPPORT
OTHERS WHO EXPERIENCE
DISORDERED EATING**



**91% OF OUTREACH
ATTENDEES WOULD
RECOMMEND THE
PRESENTATION TO
OTHERS LIKE THEM**





Our Board of Directors

Leanne Comish, Co-Chair
Gavin Swartzman, Co-Chair
Adam Jesin, Vice-Chair
Lem Janes, Treasurer

Beth Adams
Dr. Patricia Colton
Karen Jordan
Trevor Lawson

Dr. Debra Katzman
Nikki Moffat
Christina Politis
Inka Skinner

Our Facilitators

Alexandra Hanania
Ary Maharaj
Christine Han Tin Hsu
Corinne Lee
Cynthia Shea
Debbie Anderson
Emma Baril
Jay Walker

Josée Sovinsky
Laura Hartley
Lauren Drouillard
Lauren Goldhamer
Margaret Powell
Maureen Mahan
Michelle Denis
Priya Shah

Sam Watt
Sari Papular
Sezgi Ozel
Sookie Bardwell
Susan Osher
Veronika Davy
Victoria Freeman
Zac Grant

Our Students & Volunteers

Jessie Grigor
Theresa Miceli
Samantha Watt
Prathna Lulla
Charlotte Johnston
Megan Pham-Quan
Ashley Ogilvie

Angel Vats
Mafalda Silva
Aldona Morrison
Laura Kurdyak
Minnie Karanja
Phillipe Frappier
Diana Hart
Katie White

**Special thanks to the team at McCarthy Tetrault for
providing support with Pro-Bono Legal Counsel**

DONOR STORY

ADAM JESIN

Adam Jesin is a Toronto-based musician/songwriter and the co-founder of Northern Frequencies, a music production company. Adam is also the vice chair of Sheena's Place's Board of Directors and one of the organization's most generous donors.

Many years ago, Adam worked with pediatric cancer patients as a staff member of Camp Oochigeas, at the Hospital for Sick Children. There he met Deb Berlin, a clinical social worker. Sometime after both Adam and Deb had left their positions, they ran into each other at a cafe.

In conversation, Deb mentioned that she had gone on to assume the role of Executive Director at Sheena's Place, an organization Adam was familiar with.



Adam had learned about Sheena's Place over 15 years ago, when family members and others close to him were struggling to cope with eating disorders (EDs). He was left with an indelible impression when one of those people had continued to struggle after trying hospital-based programs and individual therapy.

They had said that recovery began in earnest only after seeking support at Sheena's Place. He would never forget hearing that and soon after being reminded of the impact this organization had on him, Adam joined the board.

DONOR STORY

ADAM JESIN

Adam's reasons for donating his time, energy, and money are two-fold. He is concerned about the pervasiveness of EDs and often tries to educate others about their impact. One statistic that he finds particularly striking is that EDs affect 2.7 million Canadians, and that there is a high likelihood that whomever he's speaking to, knows someone coping with an ED. In fact, research does suggest that at least half of all people in Canada personally knows someone with an ED.

He notes that while great strides have been made to open dialogue about mental health concerns like depression or anxiety, EDs still carry significantly more stigma and misinformation. He believes the impact of EDs is insidious and he is passionate about wanting to help those who need support.

He also volunteers because he recognizes the ongoing commitment of the other board members and enjoys working with them.

“Even more than that, I am in awe of the amazing work of the staff, including the facilitators. There is so much dedication, skill and compassion on the team at Sheena's Place. I'm so proud to be able to support such incredible work helping so many individuals.”

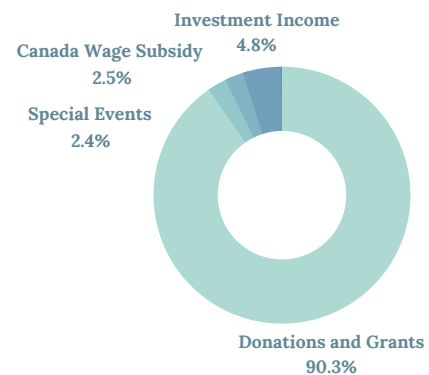
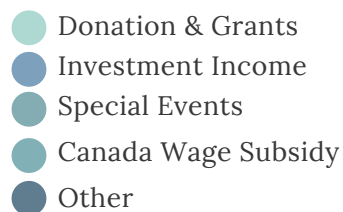
In an ideal world, Adam believes that there should be an organization like Sheena's Place in every city in Canada. For now, he's doing what he can to ensure that SP continues to provide support to as many people as possible in Ontario.

REVENUE & EXPENSES 2020

REVENUE

Donations & Grants	\$2,642,263
Investment Income	\$141,226
Canada Wage Subsidy	\$70,592
Special Events	\$62,741
Other	\$2,390
TOTAL REVENUE	\$2,919,212

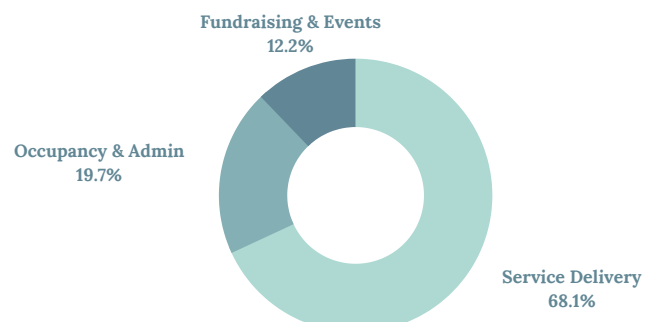
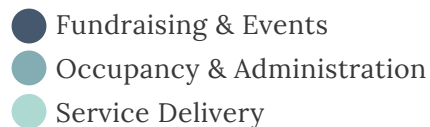
REVENUE



EXPENSES

Service Delivery	\$546,122
Occupancy & Admin	\$158,241
Fundraising & Events	\$97,739
TOTAL EXPENSES	\$802,102

EXPENSES



OUR DONORS 2020

2020 SHOUT OUT VIRTUAL EVENT SPONSORS

GOLD

Bell Media

SILVER

Peerage Realty Partners
Baker Realty Inc
Chestnut Hill Real Estate
Sotheby's International,

BRONZE

Accenture Inc.

\$100,000+

Lem and Karen Janes
Onex
Anonymous

\$50,000+

Adam Jesin
Theresa Mersky

\$25,000 TO \$49,999

RBC Foundation
Scotiabank
The Andree Rheame & Robert
Fitzhenry Family Foundation
United Way of Greater Toronto

\$10,000 TO \$24,999

TD Securities Underwriting
Hope Foundation
The Annual Foundation
Toronto Community Foundation

\$5,000 TO \$9,999

Barbara Shum
Jeremy and Susan Walker
Mike Fisher
MMSL Charitable Foundation

\$1,000 TO \$4,999

Arthur Haberman
Beth Adams
Caleigh Toews
Carruthers Memorial Fund
Christina Politis
David Dunlop
Ephraim Radner
Ethan Ryckman
Freddy Mak
Gavin Swartzman
Gordon Currie
Inka Skinner
Jill Fewster-Yan
Jim Jesin
Karen Jordan
Keith Vriesen
Kevin W.Dalton
Lara Nathans
Leeanne Comish
Leslie Taylor Houston
Nancy McFadyen
Nathan & Lily Silver
Family Foundation
Patricia Colton
Peter Hicks
Stanford (Ted) Davis
Trudy Eagan
Yolande Tsampalieros
Zoe Levitt

\$999 & UNDER

A Miller
Aaron Kurts
Ada Tien
Adam Halim
Adam Weitner
Alanna Trines
Alicia Evers
Alison Zimmer
Alison Tang
Alison Blair
Alison Wilson
Allison O'Toole
Alyssa Peters
Amanda Hudswell
Amanda Chan
Amber Pashuk
Amrik Takhar
Amy McPherson
Amy Cameron
Anastasiia Beryl
Andrea Jamieson
Andrea Davidson
Andrew Budden
Angelique Richardson
Angelo Melino
Angelo Duarte-Monteiro
Ann Schnurr
Ann Olivieri-Morgan
Anne Shierlaw
Anne White
Anne Alper
Anne Louise Layton
Annievea (Eva) White
Anthony Sword
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